

Indian Academy Of Pediatrics KOZHIKODE

Activity Report of Jan-2020

————— IAP Kozhikode Office Bearers —————

President -
Dr T P Ashraf

Secretary -
Dr Nihaz Naha K

Treasurer -
Dr Vishnu Mohan P T

ACTIVITY OF JAN-2020

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IAP KOZHIKODE NEWYEAR CELEBRATION AND FAMILY MEET

01-Jan-2020

Meenooz Auditorium, Kozhikode

Dr M Narayanan, President IAP Kerala was the chief guest. He introduced the Team IAP Kozhikode 2020 and inaugurated the family meet & activities of IAP Kozhikode in 2020. He congratulated IAP Kozhikode for Best branch award both in State and National level and also for maximum no of awards in the national level. He shortly described the action plan 20-20 of IAP Kerala

Dr Ashraf T P President IAP Kozhikode Presided the function & briefly described the action plan Dr Santhosh M K, IPP and EB Member CIAP, Dr Shaji Thomas John, President IAP Kerala 2013 and Dr KrishnaMohan R Treasurer IAP Kerala felicitated the program. Dr Shaji Thomas John congratulated the Team for bringing Best Branch in both State and National level for the first time to Kozhikode.

Dr Nihaz Naha Secretary IAP Kozhikode delivered the welcome Speech and Dr Geetha P, Vice President IAP Kozhikode proposed the vote of thanks.

The short inaugural ceremony was followed by cultural events of members and family, It was well arranged and coordinated by Dr Ranjith P Web Editor IAP Kerala, Dr Athul P J, Arts Club Coordinator IAP Kozhikode, Dr Rajul Koyadeen, Fitness club Coordinator IAP Kozhikode and Dr Vidhu Ashok, Joint Secretary IAP Kozhikode.

The programs ranged from songs, skits, solo performances, instruments group dances, magic show etc etc by talented artists ranging from seniors Dr Shaji Thomas John, Dr Vijayakumar M to cutie kids Darshana, Vaishnavi, Arham Naha, Ishanvi & lia Susan

It was an evening of fun, feast and zest and everyone enjoyed the family feel.

We the IAP KOZHIKODE



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CHC Neduva - Class on Adolescent

03-Jan-2020

CHC Neduva - Class on Adolescent nutrition, anemia, weekly iron and folic acid supplementation (WIFS) to nodal health teachers at FHC Parappanagadi by Dr Ranjith P, Web editor IAP Kerala & Secretary AHA Kerala

Dr Sujatha Block MO Inaugrated the function. Presided by Dr Navya J Mo i/C FHC Parappanagadi.

Well organised by Sri Ashraf Health supervisor, Sri Pradeep Health inspector & Jithesh PRO.

A good interactive session on adolescent nutrition, hygiene & hand washing technique was there. About 45 teachers from various schools attended



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KMCT PED 2020

05/01/2020

Department of Pediatrics **KMCT Medical College** in association with IAP Kozhikode conducted One day **CME, KMCT PED 2020, "Rediscovering the basics"** at Hotel Yash International on **05/01/2020**.

Dr K Moidu Chairman, KMCT group of institution, Inaugurated the **CME** and **Dr Ashraf T P** President IAP Kozhikode Presided the program. **Dr G Balraj**, Organizing Chairman, HOD Department of Pediatrics KMCT Medical College and Vice Principal KMCT Medical College gave the welcome Address. **Dr Nihaz Naha**, Secretary IAP Kozhikode Felicitated the program. **Dr Niyas Kaniyath**, Organizing Secretary Proposed the vote of Thanks.

Faculties were

Dr Ajithkumar V T
Dr T U Sukumaran
Dr A Riyaz
Dr Vijayakumar M
Dr Akbar Shereef
Dr Geetha P
Dr Elizabeth K E
Dr Geeta M G
Dr Zulfikar Ahmed
Dr Lulu Mathews
Dr Naveen Jain

The CME was well appreciated by the delegates for it's content, which included the basics of Pediatrics and the excellent faculty.

Around 250 delegates including senior faculties to postgraduate and undergraduate attended the CME.

Well organized by **Dr Balraj**, the man behind this excellent CME. Excellence of his organizational skills were seen throughout the conference. He was duly supported by **Dr Cherian, Dr Niyas, Dr Bijumon, Dr Shameena, Dr Soumya** and Team KMCT

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07-Jan-2020

Fwd Article on allergy by plants & flowers - Dr Krishna Mohan Nair, Treasurer Kerala IAP



ഡോ. കൃഷ്ണമോഹൻ നൂർ
MBBS, DNB, DAA, MNAMS
Consultant Paediatrician &
Paediatric Allergist
Health Service, Kerala

അലർജിയുണ്ടാക്കുന്ന ചെടികളും പൂക്കളും

പുഷ്പങ്ങളും പുനരാഭയങ്ങളും ഒഴുക്കി മരണിമുറമൊക്കെയായി കളിച്ചു നടക്കേണ്ട പ്രായമാണ് നമ്മുടെ പ്രകൃതി മുഴുവൻ പുത്തലഞ്ഞു നിൽക്കുന്ന ഭാഗങ്ങളായതുകൊണ്ട് ഇതേ തോടിയിൽ നിന്ന് കുട്ടികൾക്ക് ഇതി കയറാൻ പോലും നേരം കിട്ടണമെന്നില്ല. പക്ഷെ, പുഷ്പങ്ങളുമായി കാടും മേടും കയറിയിറങ്ങി നടന്ന് വീട്ടിൽ തിരിച്ചെത്തുമ്പോൾ കുറുപ്പുകൾക്കു ദേഹമൊക്കെ ചൊരിഞ്ഞു തപ്പിച്ചാലോ? സന്തോഷമൊക്കെ അത് പമ്പകടക്കും. എന്നാൽ ഇങ്ങനെ ചൊരിഞ്ഞു തപ്പിക്കുന്നത് അലർജിക്കൊണ്ടാണെന്ന് മിക്കവാറും അറിയില്ല. എന്നുകരുതി കുട്ടികളെ വീട്ടിൽ അടുപ്പിക്കാനല്ല പാഞ്ഞത് കേട്ടോ. പല കാരണങ്ങൾ കൊണ്ടും ഉണ്ടാവേണ്ടുന്ന അലർജിയെക്കുറിച്ച് ഒരു കരുതൽ വേണമെന്നു മാത്രം. അക്കൂട്ടത്തിൽ അലർജിയുണ്ടാക്കുന്ന ചില ചെടികളെയും പുഷ്പങ്ങളെയും കുറിച്ച് പ്രത്യേകിച്ചും.

കാരണവും ലക്ഷണവും

നിർമ്മാണയുള്ള മുക്കൊലിപ്പി, തുടർച്ചയായ തൂത്തൽ, കണ്ണിലും മൂക്കിലുമുള്ള ചൊരിച്ചിൽ, ചുമ, വലിർ,

ഭാഗങ്ങളായതുകൊണ്ട് തൊടിയിൽ നിന്ന് കയറാൻ പോലും നേരം കിട്ടണമെന്നില്ല. പക്ഷെ, പുഷ്പങ്ങളുമായി കാടും മേടും കയറിയിറങ്ങി വീട്ടിൽ തിരിച്ചെത്തുമ്പോൾ കുറുപ്പുകൾക്കു ദേഹമൊക്കെ ചൊരിഞ്ഞു തപ്പിച്ചാലോ?

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07-Jan-2020

Dr Aslam at CME on 'Approach to Pediatric Disorders, to Govt Homeo Medical officers on 07/01/2019 at Hotel East Avenue, Nadakkavu.



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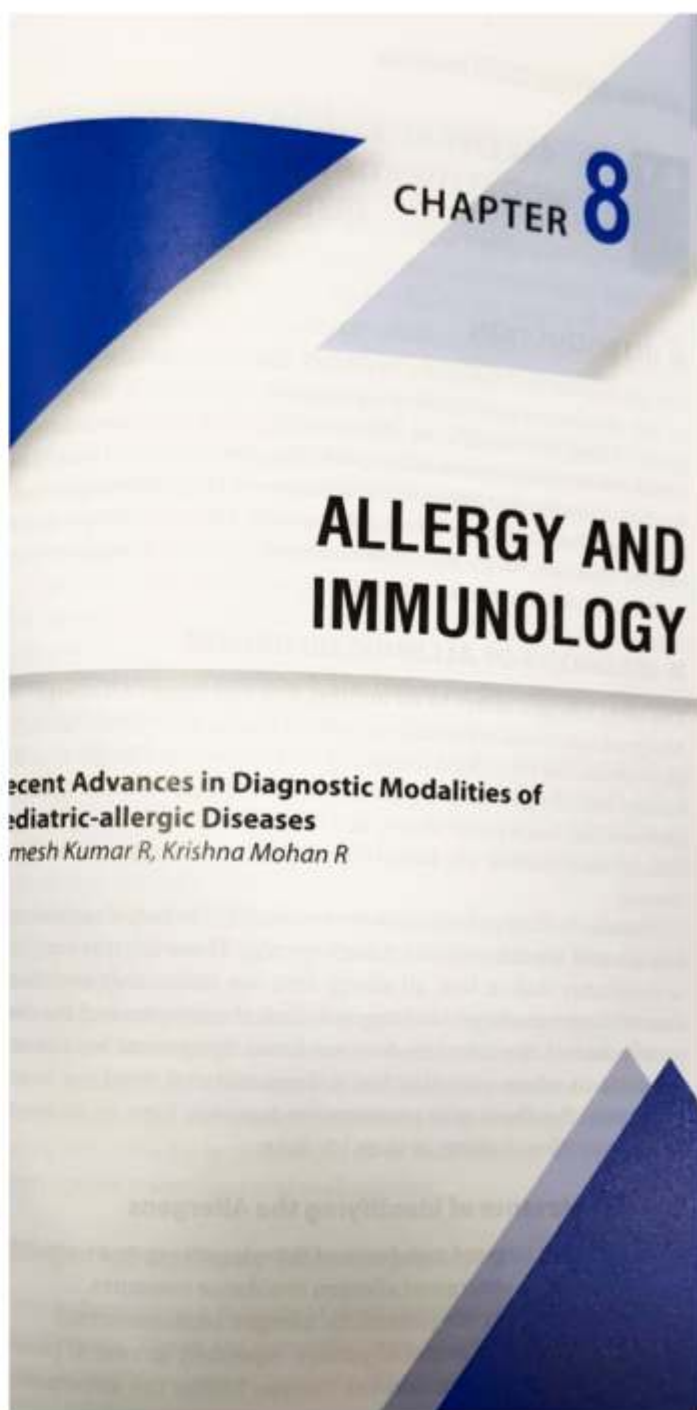
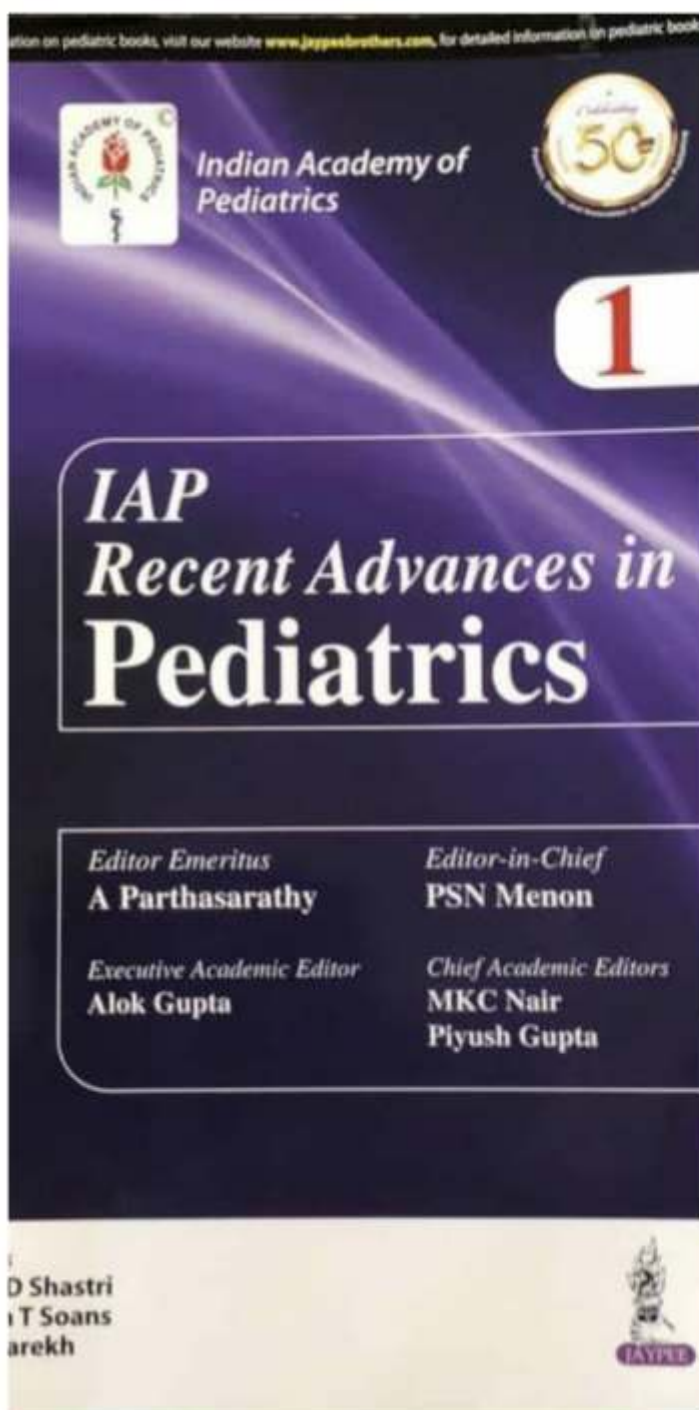
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11-Jan-2020

***Dr KrishnaMohan R*, Treasurer IAP Kerala chapter on
*Recent Advances in Diagnostic Modalities of Pediatric-
allergic Diseases* in IAP Recent Advances in Pediatrics**



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07-Jan-2020

NATIONAL PEDICON INDORE 2020

Dr Krishna Mohan, in the National ToT of Resp Tract Infections- GEMS on 7 -01-2020 at PEDICON INDORE



Dr Renjith and Dr Nihaz Naha chairpersons For session on approach to child with stroke



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07-Jan-2020

NATIONAL PEDICON INDORE 2020

Kozhikode UG Quiz team with State and National IAP Leaders



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07-Jan-2020

NATIONAL PEDICON INDORE 2020

Dr Abdul Rauf, executive member IAP Kozhikode and consultant BMH Hospital at GEM (Goldenhour Emergency Management) 2.0 TOT on 07/01/2020 at National Pedicon, Indore



Dr Ranjith P, Web editor at NEP (Nutrition Education Protocol) TOT @ PEDICON INDORE 07/01/2020



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07-Jan-2020

NATIONAL PEDICON INDORE 2020

Dr Vishnu Mohan & Dr Nihaz Naha K at 12th IAP NNF FGM NRP TOT Workshop at INDORE PEDICON on 7th & 8th Jan 2020

Dr Vishnu Mohan, Secretary NNF Kerala and Dr Nihaz Naha K Secretary IAP Kozhikode as Faculty along with Dr Manoj V C, President NNF Kerala, Dr SS Kamath, Chairperson IAP NNF FGM and Team Kerala at 12th IAP NNF FGM NRP TOT Workshop at Nakrali Dhani Resort at INDORE PEDICON on 7th & 8th Jan 2020



Fwd Dr Vishnu Mohan chairing Free Paper Presentation



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07-Jan-2020

NATIONAL PEDICON INDORE 2020

Dr Ajith kumar V T, at Indore Pedico

Ajith kumar sir, Hod GMC Kozhikode -panel discussion on Hemophilia & VWD at Indore Pedicon



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09-Jan-2020

NATIONAL PEDICON INDORE 2020

**Dr Krishnamohan as Quiz master at National Pedicon
Indore 09-01-2020**



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08-Jan-2020

NATIONAL PEDICON INDORE 2020

Dr Abdul Rauf, executive member IAP Kozhikode and consultant BMH Hospital as faculty, for Point of care Ultrasound workshop, National Pedicon, Indore 08/01/2020



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08-Jan-2020

NATIONAL PEDICON INDORE 2020 Dr Nihaz Naha and Dr Vishnu Mohan @ NRP National TOT



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09-Jan-2020

NATIONAL PEDICON INDORE 2020

Dr Shaji Thomas John honoured at Indore Pedicon 2020 for His excellent contribution to the Adolescent Health Academy



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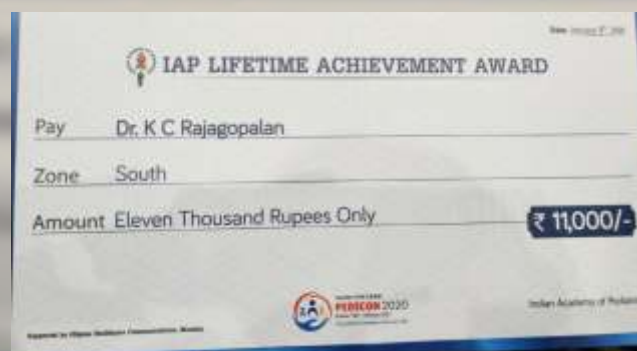


09-Jan-2020

NATIONAL PEDICON INDORE 2020 Proud Moment

Life time Achievement Award of IAP for Dr K C Rajagopalan @
Pedicon Indore on 09/01/2020.

In his absence award was received by his students from Nation IAP President



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10-Jan-2020

NATIONAL PEDICON INDORE 2020

**Dr Ashraf T P on as a panelist for Panel discussion on
Chronic Pain Syndrome on 10/1/2020 at National
Pedicon Indore 2020**



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10-Jan-2020

NATIONAL PEDICON INDORE 2020

Dr Ranjith P chairing Free Paper session



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10-Jan-2020

NATIONAL PEDICON INDORE 2020

Proud Moment

IAP KOZHIKODE receiving BEST BRANCH AWARDS @ National Pedicon Indore



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11-Jan-2020

NATIONAL PEDICON INDORE 2020

Dr Vijayakumar M, Panel discussion on Menstrual disorders in adolescent girls @ National Pedicon Indore 2020



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14-Jan-2020

Ist EB Meeting of IAP Kozhikode for discussing and planning various programs to be conducted in the year.

The meeting was Presided by Dr Ashraf T P, President IAP Kozhikode Presided the meeting. Senior members Dr Shaji Thomas John, President IAP Kerala 2013, Dr Suresh Kumar E K, Dr Ajithkumar VT, Dr Mohandas Nair attended the meeting.

Meeting decided the Organizing team
Organizing Chairperson: Dr Mohandas Nair
Organizing Secretary: Dr Ranjith P
Treasurer: Dr Rahul Illaparambath.



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14-Jan-2020

Dr KrishnaMohan R, Treasurer IAP Kerala at Adoration Day Celebration of IMA Vadakara on 14/1/2020 at IMA Vadakara



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14-Jan-2020

Class on First 1000 days of life at Anganwadi training center Kozhikode by Dr Ashraf T P, President IAP Kozhikode on 14/1/2020



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14-Jan-2020

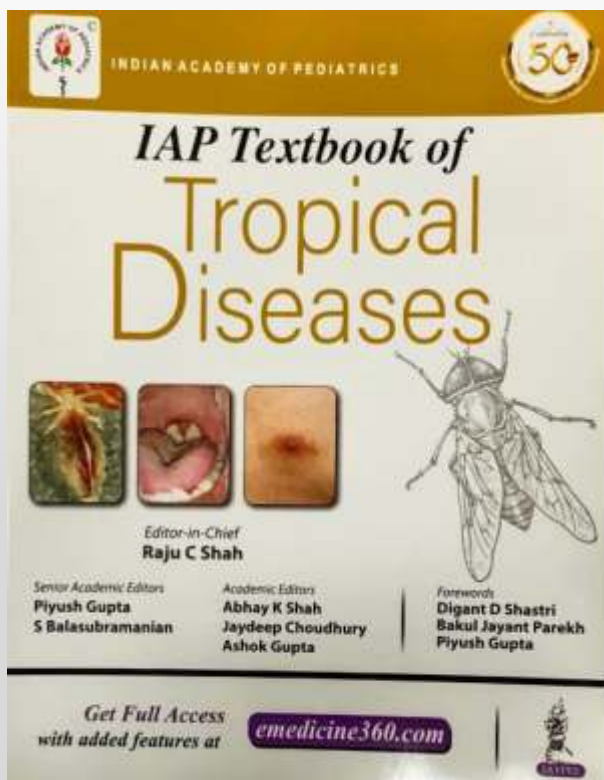
Dr. Krishna Mohan R, Immunization Training on 14-Jan-2020

Dr. Krishna Mohan R, Treasurer IAP Kerala at Immunization Training for Medical Officers at H& FW training center, Kozhikode on 14/1/2020



16-Jan-2020

Dr KrishnaMohan R Treasurer IAP Kerala as editor of chapter Allergic disorders in Tropics Chapter with Dr Remesh Kumar in IAP Text book of tropical diseases.



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17-Jan-2020

Dr Jayakrishnan MP Addl Professor Department of Pediatrics GMC Kozhikode and Dr Babu Francis Addtl Prof Department of Pediatrics GMC Manjeri @ Training on ETAT - (Emergency Triage Assessment and Treatment Management of Sick Children) , started today at GMC, Thrissur.



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17-Jan-2020

Immunization: clearing the controversies

Meeting was welcomed by Dr Nihaz Naha K, Secretary IAP Kozhikode and Presided by Dr Ashraf T P President IAP Kozhikode

Panel Discussion on Immunization

Moderator :

Dr KrishnaMohan R

Panelist

Dr Mohandas, RCH Officer

Dr Sindhu T G

Dr Ranjith P

Dr Niyas Ahammed Kaniyath

Meeting was attended by Senior Teachers, Faculty, Practicing Pediatricians and Postgraduate students.

Active discussion on many controversies and doubts came out during the meeting. Meeting was well appreciated and attended by around 50 delegates.



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17-Jan-2020



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17-Jan-2020

Pulse polio training for Anganwadi teachers of Tirurangadi block & nursing students of MKH Hospital by Dr Ranjith P, Web editor IAP Kerala



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17-Jan-2020

Training for supervisors on Pulse Polio by Dr Ranjith P, Web editor IAP Kerala at parappanangadi.



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19-Jan-2020

Dr Divya at Pulse Polio Immunization Campaign



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19-Jan-2020

District wise Inauguration of Pulse Polio immunization

@ Women and Child Hospital, Kozhikode.

Inaugurated by Dr Jayasree V DMO Kozhikode. Dr Mohandas T, RCH Officer Kozhikode welcomed the gathering. Dr Shamin Sebastian, Deputy Collector Kozhikode, Dr Nihaz Nahas K, Secretary IAP Kozhikode, Dr Sucharita Consultant Pediatrician, WnC Hospital Felicitated the function.



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Fwd Pulse Polio Immunization @ Kozhikode



Pulse Polio Immunization @ Calicut - 19/01/2020

പൾസ് പോളിയോ വാക്സിൻ: ജില്ലയിൽ 80% പൂർത്തിയായി

■ 183064 കുട്ടികൾക്ക് പോളിയോ വാക്സിൻ നൽകി 893 ഓർ ഇതരസംസ്ഥാന തൊഴിലാളികളുടെ മേഖൽ

കൊല്ലം • ജില്ലയിൽ 80 ശതമാനം കുട്ടികൾക്ക് പൾസ് പോളിയോ വാക്സിൻ നൽകി. പൾസ് പോളിയോ ജില്ലയിൽ 80 ശതമാനം പൂർത്തിയായി. 183064 കുട്ടികൾക്ക് വാക്സിൻ നൽകി. 893 ഓർ ഇതരസംസ്ഥാന തൊഴിലാളികളുടെ മേഖൽ.

ജില്ലയിൽ 80 ശതമാനം കുട്ടികൾക്ക് പൾസ് പോളിയോ വാക്സിൻ നൽകി. പൾസ് പോളിയോ ജില്ലയിൽ 80 ശതമാനം പൂർത്തിയായി. 183064 കുട്ടികൾക്ക് വാക്സിൻ നൽകി. 893 ഓർ ഇതരസംസ്ഥാന തൊഴിലാളികളുടെ മേഖൽ.



കൊല്ലം ജില്ലയിൽ പൾസ് പോളിയോ വാക്സിൻ നൽകുന്നതിനിടെ

ജില്ലയിൽ 80 ശതമാനം കുട്ടികൾക്ക് പോളിയോ തുള്ളിമരുന്ന് നൽകി

കൊല്ലം • ജില്ലയിൽ 80 ശതമാനം കുട്ടികൾക്ക് പോളിയോ തുള്ളിമരുന്ന് നൽകി. പൾസ് പോളിയോ ജില്ലയിൽ 80 ശതമാനം പൂർത്തിയായി. 183064 കുട്ടികൾക്ക് വാക്സിൻ നൽകി. 893 ഓർ ഇതരസംസ്ഥാന തൊഴിലാളികളുടെ മേഖൽ.

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19-Jan-2020

Pulse Polio Campaign at CHC Neduva block

Dr Sujatha block MO, Dr Ranjith P web editor IAP Kerala, Sri Ashraf K K HS, HI Sri hussain, Hasilal, PHN Sarojini, JPHN Kousalya & Jhi Pradeep, Rajesh supervised the camps



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24-Jan-2020

Dr KrishnaMohan R Treasurer IAP Kerala at IAP Thalassery- Talk on Respiratory Disease in Children- Past, Present, Future on 24/1/2020 at Hotel Gokulam Forte.



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24-Jan-2020

Pediatric Ventilation Workshop 2020 @ Aster MIMS

2 day Pediatric Mechanical Ventilation workshop was Inaugurated by Chief Guest **Mr. Sameer**, Chief Operating Officer, Aster MIMS.

Dr Hamza (Chief of medical services, Aster MIMS) felicitated the function.

Dr. Abraham Mammen (HOD Pediatric and neonatal surgery),

Dr. SureshKumar E K (HOD pediatrics),

Prof. Vijayakumar M (HOD, Dept of Pediatrics, Manjeri Medical College) and Companion Editor IAP Kerala were present at the Inaugural Function

Dr K Sathishkumar welcomed the delegates and

Dr. Nihaz Naha (Secretary, IAP Kozhikode) proposed the Vote of thanks.

Faculties were

Dr Bibin Jose

Dr Prameela Joji

Dr Rajappan Pillai

Dr Shivkumar

Dr Priyavardhini

Dr Ravikumar

Dr Saravanan

Dr Anand M R

Dr SathishKumar K

Dr Manjula Anand

Dr Ajay V

Dr Abdul Rauf

Dr Fiji

Dr Divia Nath

Programme was well attended by around 40 delegates and had interactive lecture sessions and extensive hands-on training in pediatric mechanical ventilation.

All the talks and skill stations were well appreciated by the delegates. Thanks to all the enthusiastic delegates and eminent guest faculties.

Dr Vijayakumar M and **Dr SureshKumar E K** distributed momentos to the Faculties

Well arranged and coordinated by **Dr SathishKumar K** and team **Aster MIMS Kozhikode**.

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26-Jan-2020

Dr Ashraf T P taking awareness class on early detection and early intervention of lifestyle disorders in early Detection of kidney disease Camp at Koyilandi on 26/1/2020



27-Jan-2020

Talk on Women Empowerment by Dr Vidhu Ashok, Asst Prof Department of Pediatrics, MMC Modakkallur for medical students on 27-01-2020 as a part of National girl child day



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27-Jan-2020

**Dr Ajithkumar VT, HOD Department of Pediatrics GMC Kozhikode
Taking awareness class on Pediatric cancer for NSS Volunteers at IPM
Kozhikode**



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27-Jan-2020

Dr Rajul Koyadeen Fitness club Coordinator IAP Kozhikode taking session on Importance of physical exercise in doctors.

Dr Nihaz Naha, Secretary IAP Kozhikode, taking session on Importance of Proper diet



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27-Jan-2020

IAP Kozhikode Fitness Club EB Meeting on 27/1/2020 at Hotel Hyson Heritage. discussion on Annual sports meet along with Summer Pedicon Kozhikode



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27-Jan-2020

Dr Ashraf T P, President IAP Kozhikode as Faculty in TOT

on Childhood TB on 29/1/202 at Kochi as a part of Presidential Action Plan 2020
TB Free Air For Every Child in Kerala



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30-Jan-2020

IAP Kerala Presidential Action Plan - Non Communicable Disease Project

Inaugurated by **Dr. Krishna Mohan R**, Treasurer, IAP Kerala at BMH Academy Auditorium Kozhikode.

The program was presided by **Dr Ashraf T P**, President, IAP, Kozhikode. **Dr Beena Johnson**, North Zone Coordinator, Non Communicable Disease Project gave the Welcome Address. **Dr. Shaji Thomas John**, Past President, IAP, Kerala and **Ms. Sindhu**, Principal, BMH School of Nursing have felicitations. **Dr Nihaz Naha K**, Secretary, IAP Kozhikode, gave the Vote of Thanks.

Following the inaugural ceremony, seminar on 'Lifestyle Disorders - Prevention is Better than Cure' was conducted for the nursing students by **Dr. Beena Johnson**.



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30-Jan-2020

IAP KOZHIKODE MONTHLY CLINICAL MEETING

Monthly Clinical meeting was held at Hotel Hyson Heritage on **30th January** .

Dr Nihaz Naha, Secretary IAP Kozhikode welcomed the meeting.

Dr Ashraf T P, President IAP Kozhikode Presided the meeting.

One minute silence was observed in remembrance of the departed souls of

Dr Govindaraj (Father of **Dr Geeta M G**) and **Dr Santa Venugopal**

(Mother of **Dr Preetha Remesh**).

Scientific Session

Panel discussion on Respiratory Distress in Newborn was Moderated by
Dr Anand M R , Senior Neonatologist and Pediatrician, Aster MIMS Kozhikode.

Panelists were

Dr Gireesh S

Dr Shabeer M P

Dr Rahul Illaparambath

Dr Divya Nath.

Session mainly include case based scenarios and was well appreciated by the audience.

Around 60 members attended the meeting.

Another session on the Threat of Corona Virus was taken by

Dr KrishnaMohan R Treasurer IAP Kerala.

The meeting was followed by Organizing Committee Meeting of Summer Pedicon Kozhikode (**April 18,19**). First Registrations were done by **Dr Shaji Thomas John**, President IAP Kerala 2014 & **Dr Ashraf T P** President IAP Kozhikode

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31-Jan-2020

Program on world Leprosy Day at CHC Neduva

Inagurated by Medical Officer **Dr Sujatha K** Awareness talk by **Dr Sreela P** Pediatrician.
Skit on leprosy awareness by MKH Nursing students

Well cordinated program by Health suprivisor **Sri Asharaf K K.** & MKH nursing Vice principal **Sri Aboobacker.**



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Congratulats *Dr Geeta M G* , Prof Department of Pediatrics GMC Kozhikode being the *Staff editor* of the Kozhikode medical college students union magazine * ഒരു ഭൂരാത്മാവിന്റെ പദ് പുസ്തകം " * which came as *first in the Malayala Manorama Chief editors trophy*.



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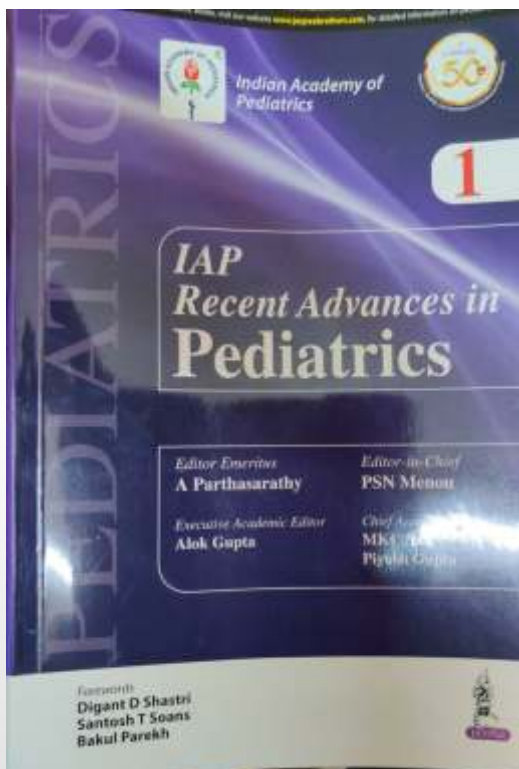
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Congratulations to Dr Vijayakumar M Pediatric Companion Editor IAP Kerala Authored chapter " Newborn Screening For Congenital Hypothyroidism" in the book IAP Recent Advances in Pediatrics along with Dr P S N Menon



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Thank You